



z e n t a n g l e ®

Zentangle 101 – Learn the basics

Spokane Art Supply - 1303 N Monroe St., Spokane, WA

Wednesday, August 21st, 2013 4 – 6 p.m.



Zentangle is a form of relaxation which is achieved through drawing repetitive patterns. A Zentangle is a complicated looking drawing that is built one line at a time. Simple tangles, or patterns, are combined in a spontaneous fashion that grows and changes in amazing directions. With your mind engaged in nonobjective drawing, your body relaxes. Anxiety and stress float away. Frequently, new insights are uncovered along with a sense of confidence in your creative abilities. For artists, it opens up new windows of creative inspiration.

Zentangle is for EVERYONE. If you can hold a pen and make a dot, a small circle, a curve, a short line (no need for it to be straight), and an S, you can join them together to make a beautiful Zentangle.

Join **Certified Zentangle Teacher** and experienced artist and instructor, **Loretta West**, to learn the building blocks of this practice. More than an art form, Zentangle is a tool for life which is practiced all over the world.

More information call Loretta at 509-995-1647 or visit www.zentangle.com or Loretta’s Zentangle centered blog: www.colorgardentangles.com View her other art work at www.colorgardenstudio.artspan.com

Cost: \$30.00 for Adults, \$20.00 for children under 16 plus the cost of your supplies.

Supply list:

Please bring or purchase an 11 piece **Zentangle Pen set** which includes 5 Zentangle tiles, 1 pencil and 5 Sakura Pigma Micron Pens.

_____ cut here _____

To register send this completed and signed form with a check payable to Color Garden Studio & mail to Color Garden Studio at 8015 E Columbia Park Drive, Spokane, 99212. For questions call Loretta at 509-995-1647. You may also pay at the store.

NAME _____ TEL.NO. _____

EMAIL _____ NO. OF PEOPLE ____ Adults ____ Children under 16

Class size is limited. All students are required to fill out this registration form. Signing this registration form will release Loretta West, Color Garden Studio, Spokane Art Supply, and associates of all responsibility for damages or harm incurred on the premises.

Signature: _____ Date: _____